CANADA'S MOST RELIABLE NETWORK†
FEWEST DROPPED CALLS | CLEAREST RECEPTION
rogers.com/reliable
ROGERS™
†Most reliable network claim refers to call clarity and dropped calls test results as conducted by Rogers and a recognized third-party research company in the majority of urban Canadian centres within the Rogers Wireless footprint, comparing voice services of other major wireless providers.
™Trademarks of Rogers Communications Inc. used under license. © 2009 Rogers Wireless.

ACCESS LEGAL RESEARCH INC.
• CRIMINAL PARDONS/ U.S. WAIVER
• NO FAULT DIVORCE
• SMALL CLAIMS COURT UP TO $25,000
OPEN SATURDAY BY APPOINTMENT
CALL 228-2469

The world's largest global newspaper
metro®
CALGARY • WEDNESDAY, JULY 8, 2009
metronews.ca

Explore the many moods of Moxie's
Check out our NEW LOOK and MAJOR EXPANSION now open on 17th
Join us for your chance to see U2 and Black Eyed Peas LIVE in Vancouver
17th AVE
MOXIE'S CLASSIC GRILL

'Best father you could ever imagine'

CHILDREN In a memorial to Michael Jackson yesterday that featured superstars Mariah Carey and Stevie Wonder, the moment that may be best remembered came when his 11-year-old daughter Paris spoke a few heart-wrenching words.

Paris was quietly ushered onstage with her brothers as the nearly two-hour event wound down to the strains of Jackson's charity single We Are the World, then appeared to catch even members of her family off guard by addressing the hushed crowd at Staples Center in Los Angeles.

"I just want to say, ever since I was born, daddy has been the best father you could ever imagine, and I just wanted to say I love him so much," Paris said, sobbing.

To gasps from the throng of about 18,000 people, she then turned and buried her face in Janet Jackson's arms.

REUTERS

SunnySide

Follow Metro's SunnySide initiative as we help you find the good news around Calgary and Canada.

On metronews.ca

- **Share your SunnySide thoughts on Twitter using #sunnyside**

PHOTOS: MARK TERRILL-POOL/GETTY IMAGES

Paris-Michael Jackson, left, looks to the sky before taking to the microphone and giving an impassioned remembrance of her father Michael Jackson at his memorial yesterday. Mariah Carey, right, gave the opening performance at the ceremony with a sweet rendition of the Jackson 5's ballad I'll Be There.

Mourning Michael

Millions tune in to watch final farewell for legendary King of Pop

Mariah Carey, Stevie Wonder and Usher sang emotional farewells yesterday to Michael Jackson, who was hailed as "the greatest entertainer that ever lived."

Some 18,000 fans, family members and friends took part in a public memorial for Jackson in the Los Angeles sports arena where the singer had rehearsed the day before his death for a highly anticipated series of comeback concerts.

Jackson's brothers, each wearing a single sequined glove in homage to his signature look, carried the singer's golden casket into the downtown Staples Center. The two-hour memorial focused on Jackson's musical achievements, overshadowed in the last 10 years by the darker side of the singer's life, including his humiliating 2005 trial and acquittal on charges of child sex abuse.

Civil rights leader Rev. Al Sharpton, who has lashed out at media coverage of the bizarre aspects of Jackson's life, had a message for the singer's three children — Prince Michael, 12, Paris, 11, and Prince Michael II, 7.

"Wasn't nothing strange about your daddy. It was strange what your daddy had to deal with," he said, to cheers.

Police estimated more than 250,000 people descended on the area while TV and online executives pegged the audience as "in the millions."

REUTERS

"Michael taught us to stand with each other."
Brooke Shields

"He was driven by his hunger to ... constantly top himself."
Rev. Al Sharpton

"Michael was the biggest star on Earth."
Magic Johnson

Explore the many moods of Moxie's
Check out our NEW LOOK and MAJOR EXPANSION now open on 17th.
Join us for your chance to see U2 and Black Eyed Peas LIVE in Vancouver.
1331 17th Ave SW • 403 228 1447 • moxies.com
17th AVE
MOXIE'S CLASSIC GRILL

Free Daily News Group Inc., operating as Metro Calgary. 120, 3030 - 3 Avenue NE, Calgary, Alberta T2A 6T7. Publisher: Steve Shrout

WANTED

NEW HOME BUYERS

2009 PRICE STOMPEDE!

During the 10 days of Stampede, you will save another **$5,000 off** of our already reduced prices*.

Don't delay as we are only bucking these prices until July 12, 2009.

Mosey down to the sales centre today before this offer rides off into the sunset!

Stacked Townhomes: starting at **$249,900**
Row Townhomes: starting at **$375,900**

*based on NEW purchases between July 4 to July 12 2009. See sales representative for more details.

756-73rd Street SW
Phone: (403) 242-5868

Monday – Thursday: 4pm – 8pm
Closed Friday
Saturday & Sunday: 12pm – 5pm

Village at
West Springs

www.westsprings.com

Flu outbreak causes partial closure of hospital floor

Alberta Health Services said a section of the third floor of the Alberta Children's Hospital was shut down yesterday after an outbreak of influenza A (H1N1), also known as swine flu, was reported at the hospital. METRO CALGARY

Local

Mraz stealing into Calgary

Jason Mraz brings his Gratitude Café Tour 2009 show with special guests Bushwalla, to Calgary on Oct. 2 for a show at the Southern Alberta Jubilee Auditorium. Tickets go on sale this Saturday at 10 a.m. and are available for $49.50 and $37.50 at Ticketmaster.ca or charge by phone at 403-777-0000. METRO CALGARY

Taxes won't be rising: Premier

Liquor tax to be removed

AMY GREGSON
for Metro Calgary

The premier put a swift end to the speculation yesterday surrounding potential tax increases in Alberta.

Premier Ed Stelmach made it clear that an increase in taxes, including corporate or personal taxes, or a provincewide sales tax will not help Alberta out of a recession.

"There comes a time you have to show leadership and be very clear with Albertans," said Stelmach. "As long as I'm premier of this province there will be no tax increases."

Stelmach said they might have to tap more into the sustainability fund.

"That's our savings fund. That's why we kept that money aside, so that we could draw on those savings to cushion the dramatic drop in our revenue, but protect the programs that are so dear to Albertans."

Stelmach said that part of "no tax increases" includes rescinding the liquor tax.

The liquor tax brought in approximately $180 million in revenue, said Stelmach.

The liquor tax will be rescinded once the province meets with the liquor board.

Ed Stelmach

The government still plans on investing in and building public infrastructure.

Stelmach said the government has a solid plan to get Alberta through this recession and will continue to promote the province as a place to invest.

Scott Hennig of the Canadian Taxpayers Federation welcomed the premier's pledge. "He's made a big promise today and it's excellent news for taxpayers," he said.

VIDEO: Premier vows to nix tax hikes at: metronews.ca/local

Province, police to aid mentally ill

SUPPORT The Province of Alberta and the Calgary Police Service are teaming up to combat mental illness by getting patients the support they need.

The police and Crisis Team will help those with mental illness who commit non-violent crimes and deter them from future involvement in crime.

"We as police have not been able to deal with those folks on the streets and it's a rapidly growing problem," said Rick Hanson, chief of Calgary Police Service.

The two-person teams will consist of registered nurses and social workers.

The three-year pilot project will cost $2.54 million. METRO CALGARY

METRO CALGARY

Hundreds packed the Braeside Community Association and hundreds more were turned away as residents of Braeside and surrounding communities voiced overwhelming opposition to the opening of a methadone clinic in an area strip mall

Residents angry over meth clinic

Braeside residents outraged over a recently opened methadone clinic in an area strip mall were packed to the rafters of the community centre to voice their opposition.

The fire marshal was forced to turn a line of hundreds away, and virtually all in attendance were whipped into a frenzy over issues surrounding the clinic's operation and clientele.

Darla Meijer, who lives about four blocks from the clinic, spoke out against the business that has been operating since Monday, allegedly without letting area residents know.

"My concern is that my daughter is going to be a teenager and she wants some freedom in the community," said Meijer. "I can't do anything about the drug addicts or drug deals, but I have an opportunity to do something about this and it doesn't have to be here."

Ald. Brian Pincott fielded questions from angry residents concerned the city would allow a methadone clinic in their community.

"My goal is that if Second Chance is going to be in our community it is up to us as a community to make sure it works as best as it can," said Pincott.

Pincott and the community association are planning to work together to come up with a plan to deal with residents' concerns.

AMY GREGSON/
FOR METRO CALGARY

Owner absent

- The clinic is allowed to operate because it is licensed as a medical clinic. The owner of the clinic and landlord were not present at the meeting.

Teddy bears collected till end of July

Calgarians have dug deep into their toy chests to help out Miss Calgary International and her teddy bears of hope campaign.

Miss Calgary International Maryam Hassanvand has collected more than 2,100 teddy bears for children in war torn countries.

"People's response has been amazingly positive and I just want to say thank you Calgary, I love the people here," said Hassanvand.

However it's not only Calgarians helping out, Hassanvand said a couple visiting Calgary from the U.S. wanted to help out and sent her teddy bears from L.A.

Hassanvand still has until July 27 to collect bears and if you want to help you can email her at gmhassan@ucalgary.ca.

JOEL MESSNER/FOR METRO CALGARY

Calgary in brief

DOG DEATH An off-duty Calgary police officer is being investigated in the kicking death of a dog in Lake Bonavista Sunday night. Investigators were told by the dog's owners that it left their home and ran towards another dog and its owner. When they rounded the corner after their dog, it was lying on the ground. The dog died moments later. CPS, the Calgary Humane Society, Animal and Bylaw Services and the prosecutor's office are co-operating in the investigation.

NUCLEAR NDP MLA Rachel Notley accused the provincial government of withholding information regarding closed door meetings with nuclear power stakeholder groups.

HOUSING Project proposals are now being accepted for access to $50 million in funding for up to 450 supportive housing units for seniors and persons with special needs with funding made available through the province's Affordable Supportive Living Initiative. Proposals will be accepted until Sept. 30.

ARREST An arrest was made in Tuesday's attempted abduction in Strathmore. A man who fit the suspect's description was arrested at 5:30 a.m. at a gas station in the town east of Calgary. METRO CALGARY

metronews.ca
What's online today.

Video Western Heritage and the Calgary Stampede, at **metronews.ca/calgary**

Video Alderman lambasted over casual comment , at **metronews.ca/calgary**

Video Canadians at home, abroad say goodbye to Michael Jackson, at **www.metronews.ca/entertainment**

Calgary to the United Kingdom & Ireland

Glasgow • London Gatwick • Manchester • Dublin

Flight only from $79 one way plus tax

call 1 800 663 8614 or book online at flyglobespan.ca

Flights prices are per person, one way excluding tax. Prices correct at time of going to print and are subject to change. E&OE

Bodies off coast of Tanzania thought to be from doomed Yemeni flight
Tanzanian authorities have spotted some 13 bodies believed to be from a Yemeni airliner that crashed into the sea off the Indian Ocean archipelago of Comoros last week, an official said yesterday. REUTERS

Canada/World

Warming to a target

Canada to agree to ambitious climate change goal

Canada is set to agree to a tough global warming target of no more than two degrees Celsius at a gathering of world economic leaders in Italy that gets underway today, an official said.

Prime Minister Stephen Harper arrived last night and travelled to the quake-shattered city of L'Aquila, where the summit of the Group of Eight industrialized countries will be held.

Hours before landing in Rome, a senior Harper official signalled a different approach to climate change — one that environmental activists and European governments had hoped for.

Press secretary Dimitri Soudas suggested Canada would not oppose a declaration that global warming should not be allowed to exceed two degrees from pre-industrial temperature averages.

It's a limit that the European Union, the U.K. and some developing countries have argued is critical to curbing widespread environmental damage.

"We're relatively open and supportive of that," said Soudas.

Agreement on a limit to global temperature rises is believed to require tougher short and mid-term actions by countries such as Canada to cut back on their greenhouse gases.

The Conservative government, though it endorses the fight against global warming, has postponed tough regulations on large industrial "greenhouse gas" emitters.

TORSTAR NEWS SERVICE

Pope's view

- Pope Benedict XVI is calling on world leaders to bring in economic rules to temper the excesses of the past.

Chinese unrest continues

Han Chinese armed with iron bars and machetes roamed Urumqi city yesterday seeking revenge on Uighurs for bloody ethnic clashes two days earlier which killed 156 and wounded more than 1,000.

Outnumbered riot police used tear gas to try to disperse thousands of angry protesters who flooded the capital of the northwestern region of Xinjiang. In a sign of government anxiety about the unrest, the city's Communist Party boss Li Zhi took to the streets to plead with protesters to return home, and overnight traffic restrictions, originally announced as a curfew, took effect to halt the violence.

Security forces intervened to stop fighting, breaking up a battle between hundreds of rock-throwing Han and Uighurs and forcing a Han mob to leave a building in a Uighur area, a Reuters reporter said. There were no reports of deaths. Riot police stood warily by as crowds vented their anger by throwing rocks at a mosque and smashing restaurants and shops owned by Uighurs, a Turkic people who are largely Muslim and share linguistic and cultural bonds with Central Asia.

REUTERS

MICHAEL ALBEHL/REUTERS

A protester takes part at a demonstration in Germany yesterday against the deadly riot in China's Xinjiang region.

Home early

- Chinese President Hu Jintao abandoned plans to attend a G8 summit in Italy today, returning home with the ethnic violence in of Xinjiang. The official state-run Xinhua news agency said Hu had left for China "due to the situation."

Backlash over feds' Pride cash

FUNDING Toronto's gay pride week may have seen its last cheque from Prime Minister Stephen Harper's government, after this year's $400,000 contribution provoked a backlash from within the ranks of MPs and Conservative supporters.

And Tourism and Small Business Minister Diane Ablonczy appears to have been disciplined, losing her power to make announcements of handouts from the $190-million Marquee Tourism Events Program, which funded the event.

Brad Trost, a Saskatchewan Conservative MP, spoke out publicly this week against federal support for Pride Week, arguing that the government caucus was caught off guard by Ablonczy's support.

TORSTAR NEWS SERVICE

Florida **Countdown to liftoff**

SCOTT AUDETTE/REUTERS

Canadian Space Agency astronaut Julie Payette arrives at the Kennedy Space Center in Cape Canaveral, Fla., yesterday. The space shuttle Endeavour is scheduled to launch July 11 on a mission to the International Space Station.

If only Uighurs were Buddhist

Mona Eltahawy
Global View

Pity the Uighurs — the wrong kind of minority fighting the wrong kind of enemy.

In China's worst ethnic unrest in years, Uighurs took to the streets of Urumqi, capital of Xinjiang, on Sunday. They are believed to have been angered by government handling of a June clash between Han Chinese and Uighur factory workers in southern China, where two Uighurs died, news agencies reported.

The Chinese government quickly blamed exiled separatists, arrested dozens and tried to curb information flow by stifling the Internet. Yesterday, Han Chinese armed with iron bars and machetes went looking for revenge on Uighurs.

But as Reuters pointed out, the underlying cause of the unrest most likely was long-standing economic, cultural and religious grievances that have built up among the Uighurs over decades of tight central rule.

If only the Uighurs were Buddhists like the Tibetans, who just 18 months ago had their own uprising in Tibet's capital Lhasa. We'd be having Free Xinjiang concerts already courtesy of Bjork, Sting, Bono and all those other one-named saviors of the poor and oppressed.

If only the Uighurs were a minority in a country that didn't produce half the goods we use and which wasn't quickly threatening to turn into a superpower. Perhaps then the U.S. State Department would issue more threatening words of its own. Instead, they're Muslim and us Muslims don't get much love these days. And just as importantly, the Uighurs are facing off with the wrong kind of enemy. If the "West" ignores Uighurs because they're not as cuddly as the Tibetans or their leader the Dalai Lama, then where are the Uighurs' fellow Muslims? Uighurs are a Turkic people who are largely Muslim.

Many Muslims pay attention only when the U.S. and Israel are doing the oppressing. China is the wrong kind of enemy. Look at Darfur, where the suffering goes ignored because its victims are black and because those who are creating the misery in Darfur are not Americans or Israelis. We only pay attention when America and Israel behave badly.

Speaking of Darfur, China is one of Sudan's biggest trade and arms partners. Sudanese President Omar Bashir, who last year wanted to try a British teacher for insulting Muslims by naming a class teddy bear "Mohammed," won't be rushing to condemn Chinese oppression of Uighurs.

So perhaps Israel can save the day and invade Xinjiang.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.

News in brief

MEMORIAL Hundreds of soldiers assembled at Kandahar Airfield yesterday to bid farewell to two Canadian soldiers killed in Afghanistan, CBC News Online reports. Troops solemnly saluted the caskets bearing the bodies of Master Cpl. Patrice Audet, 38, and Cpl. Martin Joannette, 25. The pair were killed in a helicopter crash Monday.

METRO NEWS SERVICES

News in brief

RUSSIA U.S. President Barack Obama appealed to the Russian people yesterday to join the United States in overcoming past differences and building a prosperous democratic future free of corruption and the threat of nuclear war.

REUTERS

LOCAL
Publisher, Steve Shrout
Managing Editor, Darren Krause
Distribution Manager, Dave Mak

NATIONAL
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Comment

Dumping on the 'centre of the universe'

TheWestView

If there's one thing that unites all Canadians, even *les citoyens* of the Nation of Quebec, it's our sea-to-shining-sea disdain for our largest city, Toronto.

I should make it clear this bad attitude is a defence against Toronto's tendency to fancy itself as the centre of the known universe (CKU), its boundaries Cottage Country to the north, Mississauga to the west, Scarberia to the east and New York to the south.

Oh, and there's an Ottawa bureau.

There was a time I thought Toronto was merely misunderstood, but that was until I lived and worked in the CKU for our "national" broadcaster, which had a bad case of Toronto-itis, no matter how it pretended to behave otherwise.

I soon learned all the important news came from Toronto, while the rest of the country was a vast and chilly hinterland, good for soft features about cute animals and farmers, out standing in their fields, suffering.

Of course, Toronto's myopia infuriates the rest of us 30 million Canadians, so we make remorseless fun of its endless pretensions, especially its hockey team, which has been wilting on the tree since 1967, the last time the Leafs won the Stanley Cup and the last time there were six teams in the NHL.

This fact alone is usually enough to haunt the nightmares of Torontonians, but now they have a real nightmare to contend with. We're talking trash, Toronto trash in particular, thanks to a civic workers' strike that's gone on for two weeks and continues with no end in sight.

Garbage is being temporarily dumped at various locations around town, including Christie Pits, which is Toronto's idea of a park. Anyone from out of town might not be able to tell the difference, but believe me, Torontonians can and the trash is driving them nuts. Of course, that's all they can talk about; forget the rest of us and our cute animals.

If you've ever spent a summer in Toronto, you'll never forget that toxic soup of heat, humidity and the aroma of millions of bags of trash piled up on the curb on pickup day, seeping sludge. Now it's like that 24/7. Only worse. You can smell it all the way to Vancouver, past the noses of the suffering farmers, as if they didn't have enough to worry about.

Canada's self-proclaimed "national" paper, the Globe and Mail, likes to call Vancouver's Downtown Eastside Canada's Slum, based on some patronizing notion. We should return the favour and adopt Toronto and its trash for the duration of the strike so our greatest city does not feel abandoned in its hour of need.

Tonight on the National with Peter Mansbridge: Toronto: Canada's Dump.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: In these tough economic times, should unions be making more concessions?

Quincy Burney
age 24, Calgary

A: If the concessions are fair and reasonable then there's probably no reason why they shouldn't be made.

Lisa Weaver
age n/a, Calgary

A: If everyone just maintains their status quo and what they are doing, we will be fine. If we start panicking and allowing for all these cutbacks, it's going to be horrible.

Ian Campbell
age 57, Edmonton

A: Yes. It has to be 50/50. Both the company and the employees need to co-operate or else the companies could get someone else to work.

Trisha De Coeur
age 33, Toronto

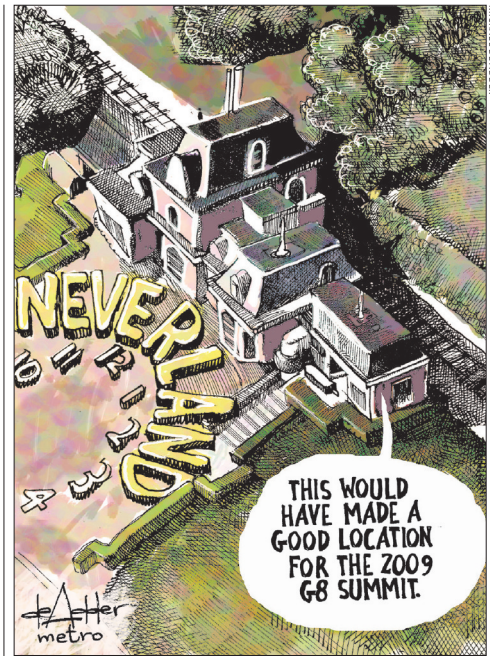
A: You've got to appreciate what they're standing for and what they're protecting.

Frank Laba
age 55, Halifax

A: They should probably do their best not to, but in some cases if they don't they may not have a job to return to.

Lucie Desjardins
age 35, Ottawa

A: Yes. I work for a company where we haven't had a pay raise in years and benefits are not getting better — they're actually removing a lot of them.



MICHAEL DE ADDER

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 – 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7, Tel: 403-444-0136; Fax: 403-539-4940; Advertising: adinfocalgary@metronews.ca; calgary_distribution@metronews.ca; News: darren.krause@metronews.ca

Fed up with fees? Follow this feed

ING Direct has launched a new service called Fee Tweeter, available at http://FeeTweeter.fairfees.ca or through the Twitter stream at twitter.com/FeeTweeter that allows Canadians fed up with banking fees to tweet about their gripes and keep track of how much they are actually spending. METRO NEWS SERVICES

Business

DOLLAR		
0.51¢	C$	85.76¢ US
	US$	$1.1661

OIL	
$62.93 US	
$1.12	

TSX	
1,069.56	
4.93	

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Bankruptcies spike by 31% over May 2008

Bankruptcies in Canada continued to soar in May versus year-earlier levels as consumers succumbed to debt loads and job losses, but the tally improved modestly from April.

Results released yesterday by the Office of the Superintendent of Bankruptcy Canada showed a total of 10,364 bankruptcies registered in May, up 31 per cent from May of last year. Last month's total fell nearly 10 per cent below April's 11,465 bankruptcies.

Industry experts were doubtful that May marked a turning point in a string of soaring bankruptcies in recent months. "I'm not confident that it's the light at the end of the tunnel," said Andy Fisher, a bankruptcy trustee with A. Farber & Partners. "June was probably the busiest month we've ever had," catering to Canadians being chased by creditors, he said.

"There's so much more credit available to people than there was a generation ago," Fisher said. Amid widespread job losses and reduced incomes "struggling people see credit as a way to get by," he said. "Attitudes have changed. It's not a stigma to have credit."

But many who have embraced credit clearly can't keep up. The May figures include 9,900 consumer bankruptcies, up about 34 per cent from a year earlier.

TORSTAR NEWS SERVICE

Purchasing and building plans jump in May, June

INDEX Canadian purchasing activity and building intentions leapt back to life in June and May, respectively, soaring past expectations and suggesting the pace of economic contraction is slowing.

However, bankruptcies by companies and individuals jumped 31 per cent in May from a year earlier, though they were down nearly 10 per cent from the previous month.

The Ivey Purchasing Managers Index rose to 58.2 in June from 48.4, while markets expected a rise to just 50.3.

A reading of 50.0 shows activity stayed flat from the previous month, while a higher reading means an increase and a lower reading reflects a slowing.

June and April have been the only months since last November in which the index was above 50.

Millan Mulraine, economics strategist at TD Securities emphasized that on a seasonally adjusted basis, the Ivey index remained below the 50 threshold.

"It suggests the Canadian economy is continuing to contract, even though at a diminishing pace," he said. REUTERS

StatsCan

- A separate report by Statistics Canada pointed to a possible increase in housing starts in coming months.
- The value of permits obtained by builders jumped 14.8 per cent in May from April. Analysts had forecast an increase of 0.7 per cent.

can i send online money transfers worldwide and save?

$9 plus 1%* of money sent online only at Scotiabank

With convenience, speed, reliability and now savings**, say Yes! to Western Union®† online at Scotiabank.

- From the comfort of your own home using *Scotia OnLine*® Financial Services
- Available on all online transfers under $1,000
- 24 hours a day, 7 days a week
- Send to over 334,000 Western Union®† Agent locations worldwide, including Canada and U.S.

Visit **www.scotiabank.com/westernunion** for details.

WESTERN UNION yes!

Scotiabank®

* IN ADDITION TO THE TRANSFER FEE, WESTERN UNION ALSO MAKES MONEY FROM THE EXCHANGE OF CURRENCIES. ** Savings based on comparison with former fees through *Scotia OnLine*® Financial Services. Money transfer fee of $9 plus 1% of principal is valid for money transfers below $1,000 on consumer to consumer Western Union Money Transfer transactions from *Scotia OnLine*® Financial Services. Price offer subject to change without prior notice. Scotiabank is an authorized agent facilitating Western Union Money Transfer®† services but is not responsible for the funds transfer. A Scotiabank Day to Day account is required for a Western Union Money Transfer transaction. ®Registered trademark of the Bank of Nova Scotia. ®†2009 Western Union Holdings, Inc. All Rights Reserved. All trademarks, service marks and trade names referenced in this material are the property of their respective owners.

Costlier meat in store for N. Americans amid culls

FARMING Higher meat prices may be in store for consumers next year as hard-hit North American farmers thin herds of cattle and pigs.

High feed costs and slumping pork exports due to fears over influenza A (H1N1), also known as swine flu, are dogging livestock producers, with Canadian farmers reeling from narrowed U.S. access for live animals because of country of origin labelling and severe drought.

"Consumers are going to pay more for meat — they have to," said Steve Meyer president of Iowa-based Paragon Economics, who sees herd downsizing lifting meat prices in late 2010. "There are going to be record-high prices in the U.S. for all species by then. Everyone has to cover these higher costs."

Canada's hog herd was down 8.58 per cent by the first quarter of 2009 compared with a year ago, with a total of 11.9 million pigs. REUTERS

Delinquencies at all-time high in U.S.

CREDIT Soaring U.S. unemployment drove delinquencies on credit card debt and home equity loans to all-time highs in the first quarter as a record number of consumers fell behind on their bills.

Delinquencies on the value of all card debt soared to a record 6.60 per cent from 5.52 per cent in the fourth quarter, the American Bankers Association said. Late payments on home equity loans rose to 3.52 per cent from 3.03 per cent, and on home equity lines of credit climbed to 1.89 per cent from 1.46 per cent. REUTERS

Business in brief

QANTAS Australia's Qantas Airways Ltd. has pleaded guilty to participating in a price-fixing conspiracy on air cargo exported on certain routes from Canada between May 2002 and February 2006, Canada's Competition Bureau said Tuesday. Qantas is the fourth carrier to be convicted in the probe.

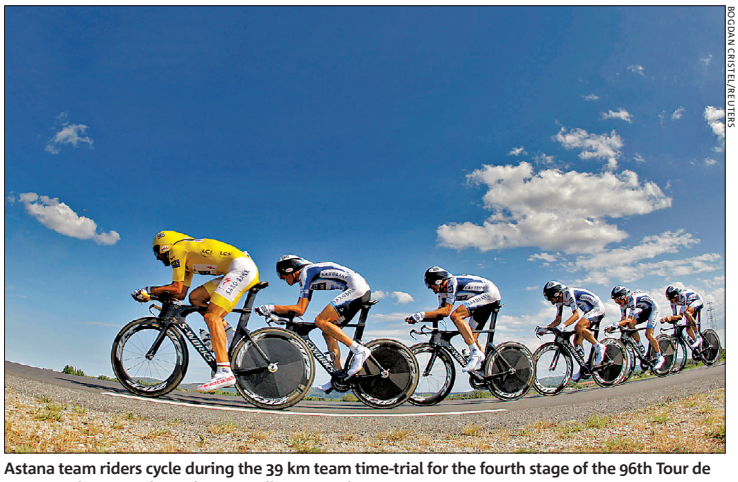
WIRELESS U.S. antitrust regulators have approved a Nokia Siemens bid for a portion of Canada's bankrupt Nortel Networks Inc. Nokia Siemens Networks — a joint venture of Nokia and Siemens — is offering $650 million for Nortel's CDMA and LTE wireless technology businesses. REUTERS

La Russa drops Twitter suit

St. Louis Cardinals manager Tony La Russa has quietly dropped his lawsuit against the social networking site Twitter Inc. Twitter did not compensate him in exchange. METRO NEWS SERVICES

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA



BOGDAN CRISTEL/REUTERS

Astana team riders cycle during the 39 km team time-trial for the fourth stage of the 96th Tour de France cycling race through Montpellier yesterday.

Lance looms at Tour

Armstrong within one second of leader Cancellara

Seven times champion Lance Armstrong missed out on taking the Tour de France leader's yellow jersey by a fraction of a second after his Astana team won the fourth stage time trial yesterday.

Swiss Fabian Cancellara held a 40-second lead over Armstrong going into the stage, and that was the time by which Astana beat the yellow jersey holder's Saxo Bank team, forcing race stewards to check the rule book.

The results of Saturday's opener in Monaco were taken into account, helping Cancellara retain the jersey he had seized in the principality.

"It's Swiss timing," said Cancellara who now has the same overall time as Armstrong.

Astana completed the 39-km course in Montpellier in 46 minutes and 29 seconds, 18 seconds quicker than Garmin with Saxo Bank third.

"It makes me miss the beach I was on for four years before all this," said Armstrong, who last wore yellow in Paris in 2005 before retiring for 3½ years.

"It's a little bit of a disappointment because I really thought about the yellow jersey. But that's cycling," the 37-year-old added.

REUTERS

> **"It makes me miss the beach I was on for four years before all this."**
> Lance Armstrong

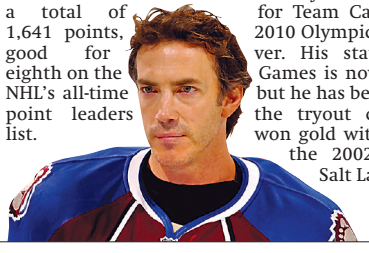
After 20 seasons, Sakic ready to retire: Report

NHL After 20 NHL seasons, Colorado Avalanche forward Joe Sakic is reportedly ready to hang up his skates.

The team has scheduled a press conference tomorrow at which he is expected to make his announcement.

Sakic played his entire career for the Quebec/Colorado franchise and won two Stanley Cups there.

In 1,378 games, Sakic posted 625 goals and 1,016 assists for a total of 1,641 points, good for eighth on the NHL's all-time point leaders list.



Sakic has said in the past that he hoped to be healthy enough to play for Team Canada at the 2010 Olympics in Vancouver. His status for the Games is now unknown, but he has been invited to the tryout camp. Sakic won gold with Canada at the 2002 Games in Salt Lake City.

METRO NEWS SERVICES

Sports in brief

FLAMES The Calgary Flames have re-signed forward Jamie Lundmark. Terms were not disclosed. Lundmark appeared in 27 games for Calgary last season, tallying eight goals and 16 points. In 259 career contests, he has notched 35 goals and 52 helpers.

FORMULA ONE Canada's Jacques Villeneuve wants to return to Formula One as part of the expanded series from 2010. The 1997 world champion from Iberville, Que., last raced in F1 in 2006, pulling out after 12 rounds following his exit from BMW Sauber. The 38-year-old has reportedly spoken to unnamed team principals about the possibility of a seat.

SETTLEMENT A baseball fan who says he was kicked out of a Yankees game because he left his seat during God Bless America has settled a lawsuit against New York City and the team. The city did not admit liability and will give Bradford Campeau-Laurion of Queens about $10,000.

METRO NEWS SERVICES

Start Saving Money Today!

CUBA 85 ¢/min
INDIA 5.9 ¢/min
PHILIPPINES 11.9 ¢/min

Latin America
Colombia from..... 3.9 ¢
Ecuador.....12.9 ¢
Guatemala.... 10.9 ¢
Guyana.....27.9 ¢
Honduras.....15.9 ¢
Trinidad..... 7.9 ¢

South Asia
Afghanistan..24.9 ¢
Bangladesh from 3.9 ¢
Bhutan.....15.9 ¢
Nepal from.....7.9 ¢
Pakistan.....5.9 ¢
Sri Lanka.....11.9 ¢

Middle East
Egypt..... 14.9 ¢
Iran from..... 3.9 ¢
Syria..... ..... 18.9 ¢
Lebanon ..... 9.9 ¢
Saudi Arabia from 3.9 ¢
U.A.E.....16.9 ¢

Comwave Guarantees you the Lowest Rates to Call Anywhere in the World, For Life. So Even if you're Paying Less than our Advertised Rates, Call Today and we'll Beat it... GUARANTEED!

No Matter Where You Call, No Matter What Rate You Pay, Comwave Will Beat it... Guaranteed!

The Comwave Bundles

INTRODUCING The North America 500
$5 /month = 500 Minutes per Month
U.S.A Canada
only 1¢ /min

Call over 20 Countries
only 1¢ /min
The Comwave Global Bundle
$10 /month = 1000 Minutes per Month = 1¢ /min
Argentina Belgium Brazil Canada China Denmark France
Germany Hong Kong Ireland Israel Italy Mexico Poland
Portugal Russia Singapore Spain Sweden UK USA

Make Long Distance calls to Anywhere in the World from your Cell Phone at Comwave's GUARANTEED Lowest Rates

- No need to cancel your service provider.
- $10 Free Long Distance for every friend you refer
- No Contracts

comwave 403-451-5801

Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Terms and conditions apply. Please see www.comwave.ca for full details. Calls to overseas mobile phones may be billed at a higher rate. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paolo. Calls to Mexico on this bundle are to Mexico City and Monterrey. Calls to Russia on this bundle are to Moscow and St. Petersburg. North America 500 does not include calls to the Yukon, Nunavut, Hawaii ,Alaska or N.W.T. Terms and Conditions apply see www.comwave.net for details. While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time.

Metro Workology exclusive: Backstage Pass

In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

LEGAL

Canadian Legal Resources Centre Inc.
403-229-2774 • www.canadianlegal.org
UNCONTESTED DIVORCE
Legal Separation Agreements
Spousal Land Transfers
CRIMINAL RECORD?
Canadian Pardons • US Travel Waivers
Fingerprinting
21+ years experience.
Voted #1 Paralegal. Why pay more?
Open Monday to Saturday.

PSYCHICS

Mystic Eye Spiritual Readings
47 YEARS EXPERIENCE
100% Guaranteed Results
• Palm • Tarot • Crystal Ball • Energy Readings •
PH: (403) 228-2258
By Appointment Only
Come in today for a better tomorrow
Solve all Problems of Life

THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL
Are you searching for solutions to your problems?
It's never too late to find answer.
Madia has 26 years experience as a spiritual healer reuniting loved ones, maintaining harmony in coupled, preventing separation, improving business success, protecting against negativity and evil spells.
100 % results Guaranteed in 48 hours.
100% RESULTS GUARANTEED IN 48 HOURS
CALL MADIA AT 403-475-2589 OR 403-305-2129

STAPHA—AFRICAN PSYCHIC
Reuniting Loved Ones • Stopping Divorce
Removing Bad Spirits • Success in Business
Healing Protection
RESULTS GUARANTEED
403-802-0367

OPTICAL

GOLDEN OPTICAL
PROFESSIONAL SERVICES • 1 HOUR SERVICE AVAILABLE
Designer Frames
UP TO 50% OFF
GOLDEN OPTICAL
Dragon City Mall
#115, 328 Centre St. S.
Calgary 403-262-8123
GOLDEN OPHTHALMIC
Harvest Hills Crossing
1117, 9650 Harvest Hills Blvd. NE
Calgary 403-263-6123
Offer Expires July 31, 2009

FINANCIAL

BROKERS national
500 loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660

TAKE A VIDEO BREAK
Visit metronews.ca to watch metrotube of the day
The video everyone's talking about.

DRAMA. SUSPENSE. COMEDY.
Visit metronews.ca to watch metrotube of the day

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

From small to big

Grogs Creature Shop brings passion to puppets

Backstage **Pass**

RAFAEL BRUSILOW
for Metro Canada

Playing with puppets is serious business for Jason Hopley and Jamie Shannon, co-founders of The Grogs Creature Shop in Toronto.

The two passionate artists have done projects for heavyweights like Disney, Nickelodeon, Teletoon and the CBC and have set their sights on feature films next. Their pre-school series Nanalan, which runs on the CBC and PBS networks, won a Gemini Award and their newest series Big & Small is already a fresh hit on Treehouse TV.

Hopley believes the popularity of The Grogs' distinctive characters comes from the humanity they try to infuse into the puppets.

"We try to make things real — we're not going for that saccharine quality. We strive to bring a real humanness to the characters," Hopley said.

Best friends since they attended the Claude Watson School for the Arts in Toronto's Willowdale neighbourhood, Hopley and Shannon embody a fairytale story of two self-taught artists who have found success creating, writing and producing all their own work.

Jason Hopley in The Grogs Creature Shop in Toronto.

PHOTOS: RAFAEL BRUSILOW/FOR METRO CANADA

After leaving school, Hopley and Shannon spent two years at YTV, starting in 1993, creating dozens of puppet characters and performing live three-minute short bits while building up their skills on the fly.

"We just learned from doing, on live TV. It was the best learning ground," Shannon said.

The whirlwind years at YTV were instrumental in developing Hopley and Shannon's skills since they had no formal training and Hopley is still amazed at the level of responsibility and creativity YTV allowed them to have.

> **"I wake up every morning and play with toys. If I died tomorrow, I'd pretty much be a happy man."**
> Jason Hopley

"We were just two 19-year-old guys doing improv live-to-air across Canada — I still can't believe it," Hopley said.

Wanting to do their own thing, Hopley and Shannon left YTV to start The Grogs, spending the first few years developing characters, building puppets and trying to break out professionally.

At the start they had to scrounge cash together for glue, felt and other materials while building puppets in an ex-girlfriend's mom's basement. Hopley admits they even nabbed a thrown-away foam mattress or two for spare parts.

"We were broke. A lot." Hopley said.

Nowadays each puppet their studio creates costs no less than $2,000 to produce and budgets for their projects can run in the millions.

Hopley admits living his creative dreams every day is a highly satisfying career.

"I wake up every morning and play with toys. If I died tomorrow, I'd pretty much be a happy man."

For more of the Backstage Pass exclusive series check Workology frequently or stop by: **metronews.ca/work**

Big & Small by The Grogs airs on Mondays on Treehouse TV.

Apartment Finder
To advertise contact Warren Smith at 403-539-4948

realstar management
RENT NOW AND CHOOSE YOUR $300 INCENTIVE!

CALGARY PLACE APTS.
609 8TH STREET
1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management
1-877-570-7025
www.calgaryplace.com

ROYAL VIEW APTS.
1320 16TH AVE. SW
Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management
1-877-572-1835
www.royalviewapts.com

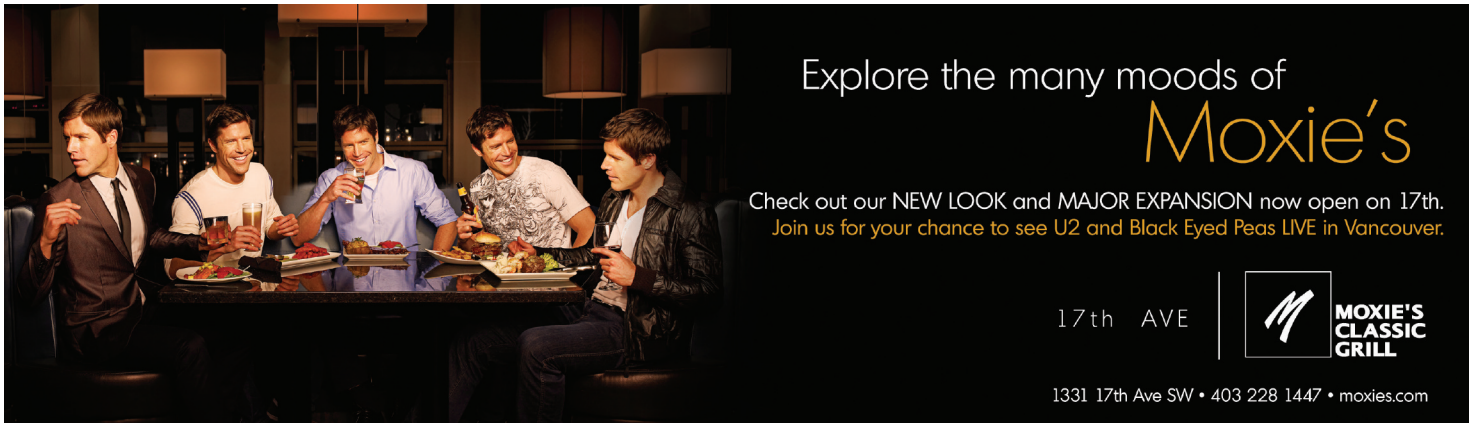
GLENMORE HEIGHTS
620 67TH AVE. SW
1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management
1-877-617-9803
glenmoreheights.com

GLENMORE GARDENS
2105 90TH AVE SW
1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management
1-877-584-2285
glenmoregardens.com

Did you know?
Each year, 16,000 lbs of coffee grounds are collected and composted at the Calgary Stampede. CS.CALGARYSTAMPEDE.COM

Calgary Stampede

Dusty LaValley received a score of 86.0 during the bareback riding at the Calgary Stampede Rodeo yesterday. ROBIN KUNISKI / FOR METRO CALGARY



By the numbers
About 44,000 lbs of cardboard are recycled during the Calgary Stampede. CS.CALGARYSTAMPEDE.COM

Calgary Stampede

WHAT'S ON

BMO Kids Day Pancake Breakfast
Free breakfast from 8 a.m.-9:30 a.m. in the Grandstand courtyard.

Racing Pigs
Go "hog wild" with celebrity racing pigs. Takes place at 9:30 a.m., 11:30 a.m., 2 p.m. and 6 p.m. at Midway Circus in the Midway Zone.

Mini Mystique: Meet & Greet
Catch the Arizona Mini Mystique, a miniature horse driving drill team, from 10 a.m.-10:30 a.m. in the Saddledome Zone.

USA Break Dancers
At the Saddledome Plaza Stage at 11 a.m., 2 p.m., 5:15 p.m. and 8:30 p.m.

METRO NEWS SERVICES

Rocktagon a party for the senses

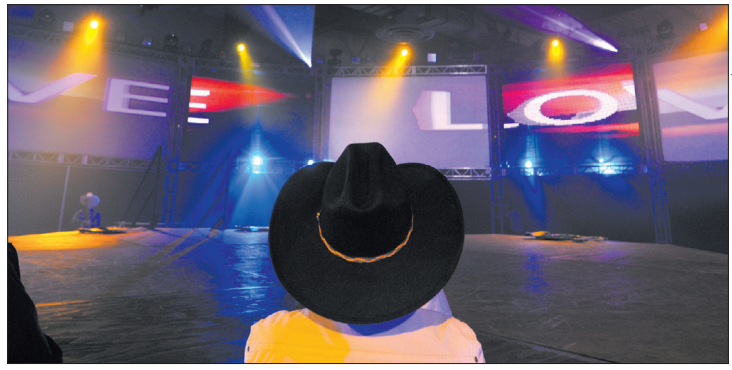
KRISTA SYLVESTER
krista.sylvester@metronews.ca

Rock-on, Calgary Stampede visitors.

Young and old alike will enjoy the new Bell Getaway in the Big Four with a 360 degree sound system cool dancers and all the latest in technology according to officials.

The busy centre looks much like a night club according to Nicole Smith, who brought her three kids to check out the fun.

"It reminds me of a nightclub and I love the circular video screens and the sound. Plus obviously my kids get a kick out of it," Smith said while her kids danced around on the floor.



ROBIN KUNISKI/FOR METRO CALGARY

Be prepared to be mesmerized by the sights and sounds at the new and improved Bell Getaway at the Stampede grounds.

Showing every 30 minutes the Rocktagon is also an inspiration to aspiring dancers like 12-year-old Tyler Matheson.

"I like watching the break-dancers and they let me up with them to show my moves and learn some new ones too," Matheson said.

Kids can enjoy Nintendo Wii and parents can enjoy the break plus it's the only one of its kind in North America, Marise Auffray of the Calgary Stampede said.

"It's just massive sound and the lighting is incredible. There's nothing else like it on the park," she added.

The dance crew street sessions and the Groovaloos will also perform daily at various times.

Also new to the Bell Getaway is the opportunity for visitors to create their own cowboy slogans on T-shirts from The Rocket, and guests can also customize their own tattoos.

Mandy Locker said she plans on creating a T-shirt that incorporates modern cowgirls and deejays.

"I love music and just want a sexy girl playing some records," she said.

Hard partying can come at a cost

KRISTA SYLVESTER
krista.sylvester@metronews.ca

For many, the midway, rodeo and grandstand are enough — but for others, 10 days at the Stampede is a time to party hard.

But, there's often a painful price to pay.

Metro trekked around to watering holes on the Stampede grounds to find out how some Stampede-goers remedy the effects of consumption the night before.

> **"This is my second week of hangovers, so I just think another week of Stampede will help."**
> Pete Schulli

Nashville North dwellers Pete Schulli and Andrew Beattie, both 21, agree that their hangover cures consist of more drinking.

"Keep drinking and drink more. This is my second week of hangovers, so I just think another week of Stampede will help," Schulli said.

"Caesars and pancakes help," Beattie added. "It's a deadly combination. I think I will try that tomorrow."

For the Johnsons though, sleep and laziness is their cure for the previous evening's debauchery.

"Sleep and do nothing. When I was younger I would get up and go for a run, but I'm getting too old for that now," said Ryan Johnston, tipping his glass back for another sip.

His wife said she just prefers not to drink too much the night before.

"I never did like the next morning much and I never wanted to chase it with more drinks," she said.

KRISTA SYLVESTER/METRO CALGARY

Pals Pete Schulli, 21, and Andrew Beattie, 21, enjoyed a beer at Nashville North on the Stampede grounds yesterday.

'Cures' for the hangover blues

- A shower
- Water or sports drinks
- Pickle juice (the morning after), left
- A greasy burger (fast food), right
- Anne of Green Gables re-runs (sleep)

Stampede music lineup

Today is BMO Kids Day

Coca-Cola Stage

11:30 a.m.: Disney's High School Musical: Summer Celebration

12:45 p.m.: The Heebee-jeebees

2 p.m.: Hypnotist Terry Stokes

3:30 p.m.: Disney's High School Musical: Summer Celebration

5 p.m.: Hypnotist Terry Stokes

8 p.m.: The Ending

9 p.m.: Thornley

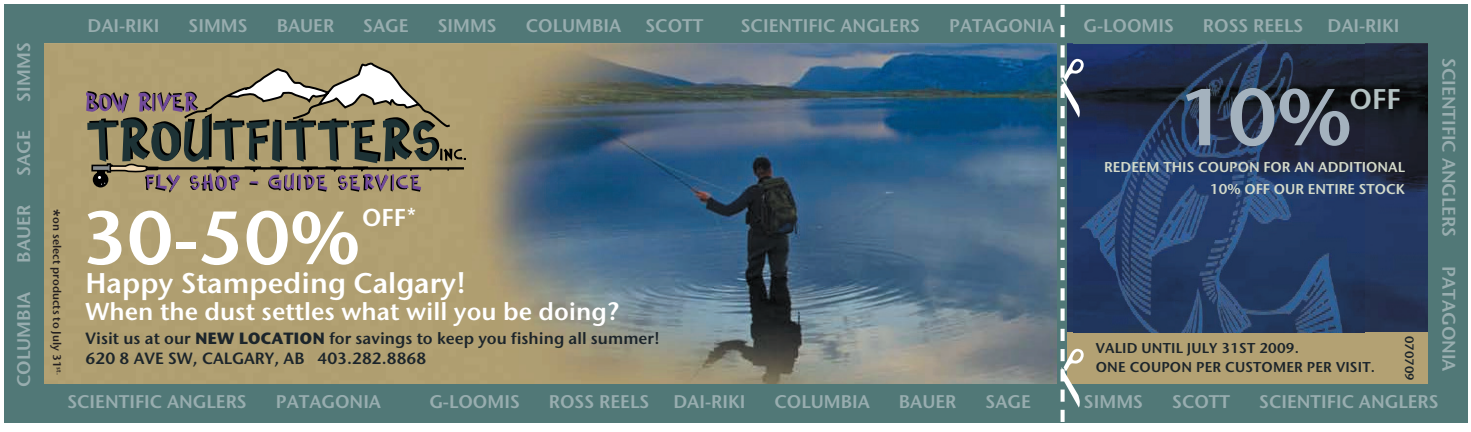
Nashville North Stage

Between 1 p.m. and 8 p.m.: Krysta Scoggins & Shane Chisholm

9 p.m.: Crystal Shawanda

11 p.m.: Hey Romeo

12:15 a.m.: Hey Romeo



Did you know?
The very first Calgary Stampede was held in 1912. CS.CALGARYSTAMPEDE.COM

A city within the city

KRISTA SYLVESTER
krista.sylvester@metronews.ca

If the Calgary Stampede were a city, it would be the third largest city in the province, according to officials.

For just 10 days out of the year, Stampede Park becomes the third most populated city with an average of 120,000 daily visitors spilling through the food, midway, rides and inside attractions.

"It's pretty amazing to watch Stampede Park grow into a city, almost overnight," said Calgary Stampede vice-president Paul Rosenberg. "It may only be 10 days, but we have the necessary infrastructure in place to deal with the needs of a small city."

Within 193 acres, the Stampede has shopping, entertainment, food, amenities, parking, medical services, police, recycling and even diverse communities, Rosenberg said.

> **"It may only be 10 days, but we have the necessary infrastructure in place to deal with the needs of a small city."**
> Paul Rosenberg, Stampede vice-president

Stampede senior manager Duane Horpinuk said more than 3,200 people were recruited and now employed at the Calgary Stampede in various positions.

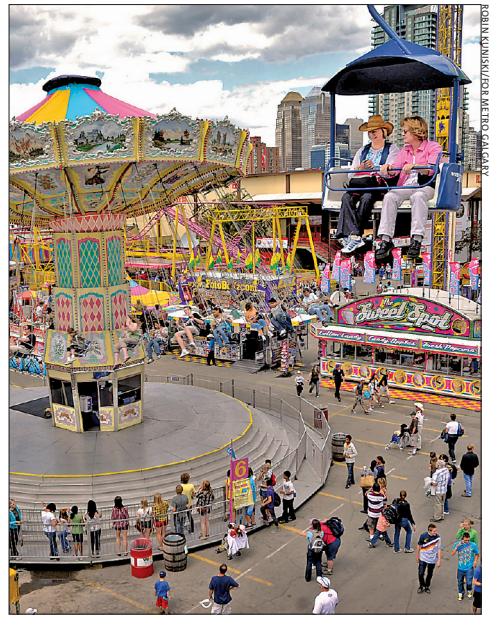
"This year we are employing a large number of staff strictly for food services during the 10 days. Everyone is fully trained and we also have health and safety inspectors on site daily," he said.

But part of maintaining a city is also maintaining the environment, Stampede operation manager Gerry McHugh said.

"We take our environmental responsibility seriously," McHugh said, adding there are staff and volunteers cleaning and maintaining the park daily.

The Calgary Stampede recycles 10,000 plastic beer cups from Nashville North every year, not to mention various other recyclables. There are 250 beverage recycling barrels on site.

Regardless of the size of the park and the amount of people, one thing is for certain, park officials say: This is the greatest outdoor show on Earth, and a city within a city.


ROBIN KUNIKSUD/FOR METRO CALGARY

The number of people on the Stampede grounds at any given time would make it the equivalent of the third largest city in the province.

Don't let weather rain on your day at Stampede

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Don't let a little rain get you down this week, there is still a lot to do at the Calgary Stampede.

"The Western Oasis is something you won't want to miss, with or without rain," according to Stampede spokesperson Marise Auffray. "It's probably the number one thing to do inside and every day it keeps getting busier.

"Whether you want to cool down or dry off, it's something you definitely don't want to miss," she said.

For those getting rained on outside, the Stampede market is also a unique and dry alternative, she added.

"It's always popular and there are always new products and things to see and try," she said." It's definitely something to see."

Auffray said there is also the Bell Gateway in the Big Four building, which has been a very busy interactive and popular venue.

"They have the latest in technology, and breakdancers, and everyone always has a good time."

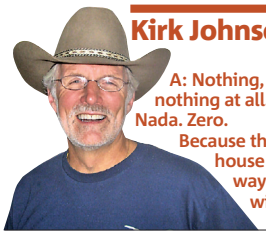
Many Stampede visitors just run inside for cover when the skies open up, and come out again when the sun returns, including Dana Messing.

"I won't let it ruin my day. There is always lots to see inside," she said.

Wet weather tips

- Bring an extra pair of socks.
- Watch for umbrellas and rain ponchos on the grounds to keep dry. KRISTA SYLVESTER

Metro asks: How much are you willing to spend on midway games?

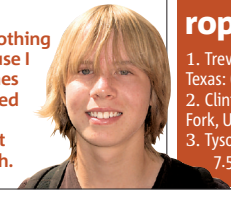


Kirk Johnson
A: Nothing, nothing at all. Nada. Zero. Because the house always wins.

John Brassard
A: I'm not spending any but my kids are. They have their own money to spend. One has $10, one has $30 and one has $80 and I am sure it will all be gone.

Pat Perry
A: We are spending between $40 and $50 each; just because it's a lot of fun, but we don't always win.

Scott McPherson
A: Probably nothing actually because I think the games are kind of fixed and you can never win so it costs too much.



Rodeo event winners

Bareback
1. Dusty LaValley, Crooked Creek, Alta., on Coconut Roll: 86.0.
2/3. Cimarron Gerke, Brighton Col., on Street Dance: 84.0.
2/3. Will Lowe, Canyon, Texas, on Knight Rocket: 84.0.

Bull riding
1/2/3. Wiley Petersen, Pocatello, Id., on Paper Boy: 82.0.
1/2/3. Kanin Asay, Powell Wyo., on Fool U: 82.0.
1/2/3. Reese Cates, El Dorado, Ark., on Nip N Tuck: 82.0.

Ladies' barrel racing
1. Joleen Seitz, Savona, B.C.: 18.34.
2. Lisa Lockhart, Oelrichs, S.D.: 18.7.
3. Brittany Pharr, Victoria, Texas: 18,72.

Saddle bronc
1. Rod Hay, Wildwood, Alta., on Lynx Mountain: 85.5.
2. Heith DeMoss, Heflin, La., on Starburst: 85.0.
3. Taos Muncy, Corona, N.M., on Hell's Half Acre: 84.5.

Steer wrestling
1. Lee Graves, Calgary: 3.8.
2. Gabe LeDoux, Kaplan, La.: 4.0.
3. Dean Gorsuch, Gering, N.E.: 4.1.

Tie-down roping
1. Trevor Brazile, Decatur, Texas: 6.8.
2. Clint Robinson, Spanish Fork, Utah: 7.4.
3. Tyson Durfey, Colbert, Wa.: 7.5.

$645 /Month INCLUDING CONDO FEES

Sunrise Terrace Villas

Another Classic Community

Located in High River

Limited Units Available

PAY ONLY $645/MONTH INCLUDING CONDO FEES!

THE ONLY 10 YEAR HOME

Builder Mortgage Assistance Plan

Take advantage of our unique mortgage assistance plan that gives our buyers, **DOWN PAYMENT ASSISTANCE** and **LOW MONTHLY PAYMENTS!** Walk into a spacious 1,069+ Sq.Ft. home for as little as **$645/MONTH** INCLUDING CONDO FEES, **ONLY $2,700 DOWN!** No Catch & Hassel Free! Why wait to buy? Interest rates are at their lowest! Find out how you can start to "Enjoy a Classic Lifestyle" TODAY!

Do you make $30,500/year, as a household income?

CCL Classic Communities

For more Info on this community
Contact Our High River Sales Team
Office: (403) 601-1739
Email: sales@cclhomes.com
You can also visit us online

The Developer reserves the right to make modifications and changes to building and property design, specifications and features; should they be necessary to maintain the high standard and design integrity of this project or to maintain local building code requirements. Monthly payments include Condo Fees, Gas & Water. Figures based upon an interest rate of 4.49% compounded semi-annually.

www.DoNotRent.ca

free smart service
smart Canada recently announced that free scheduled maintenance will now be included on every new smart. The coverage runs for three years or 54,000 km, whichever comes first. METRO NEWS SERVICES

Metro Drive

Bag the Benz

A series of handbags made from seatbelts will now be offered through Mercedes-Benz dealerships in Canada, made by Harveys Original Seatbeltbags and featuring the auto brand's logo. Prices for the bags range from $92.50 to $179.50. METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Hip to be Nissan Cube

Trendy model aims to be 'home on wheels' for young drivers

LORNE DRURY
for Metro Canada

It's been said many times before that everything old is new again in the automotive world.

Take Nissan's new Cube compact wagon.

Although it's a newcomer to the North American stage for 2009 after making its debut in Japan way back in 1998, the Cube's squared-off design is really not all that new.

Think back to the early days of the automobile and cars that we remember like the Ford Model A and Model T. Both had that boxy, squared-off look that was common with automobiles of the day.

Fast forward to 2009 and the Nissan Cube enters a marketplace already featuring the Kia Soul and the Honda Element with similar "box on wheels" type designs in a marketplace that for years has been dominated by vehicles with curvy, flowing lines.

Nissan is hoping the Cube resonates with a younger audience thanks to its, well, Cube-like design.

Because of its boxy, unique design, the Cube is both functional and distinctive in an entry-level segment made up largely of look-alike vehicles.

And to allow customers to further personalize their Cubes, a variety of accessories are being offered right from launch time rather than a few months down the road as usually happens with a new model.

Among the accessories is a funky interior accent illumination package that allows the driver to select from 20 different colours or have the colours cycle automatically. More than 40 other "personalization options" are available including an under-body package featuring spoilers and body cladding.

Already available at dealerships in Canada, the Cube is offered in two trim levels. Both offer the same 122 hp 1.8-litre four-cylinder engine, starting at $16,998 for a six-speed manual and $18,298 with a continuously variable (CVT) automatic transmission.

The key to the Cube's success, Nissan believes, is that it is affordable, economical and functional, yet at the same time fashionable.

The interior can be seen as a "home away from home" or a room on wheels for the digital generation that is always connected, thus the optional technology package not usually offered in entry-level vehicles. Despite its compact size on the outside, the Cube is surprisingly roomy inside with its high roofline and wide stance. There is seating for five and the headliner has an unusual "water drop" ripple effect.

The Cube is a vehicle ideally suited to city driving, with a short turning circle (10 m or 32.8 ft), a short hood that makes it easier to park in tight situations and good rear visibility.

This third-generation Nissan Cube is now available across Canada.

2009 Nissan Cube

Type: Compact entry-level wagon
Price: $16,998-$21,498
Engine: 1.8-litre 16-valve DOHC four-cylinder engine (122 hp, 127 lb/ft) with six-speed manual transmission optional CVT automatic

Highlights

- Ideal for urban driving
- Roomy interior
- Fashionable

STEVE HYMAN/FOR METRO CANADA

Cube giveaway

- Nissan Canada recently awarded the Cube to 50 Canadians for the creativity displayed through Hypercube, the social media campaign. The winners were announced at events simulcast in Toronto (pictured), Montreal and Vancouver.

AutoPilot

Michael Goetz

Read this week's column at metronews.ca/autopilot

Mobile mania

In recent months, use of travel-related handheld applications by business travellers has skyrocketed. Such applications now include flight status updates, itinerary management and hotel-booking tools. BTONLINE.COM

Travel

New life for the Neues Museum

After more than 60 years in ruins, the Neues Museum on Berlin's Museum Island will re-open its doors on Oct. 16. It will house Egyptian, pre- and early history and classical antiquities collections, and feature the bust of Egyptian Queen Nefertiti, left, who was described as "the world's most beautiful woman. The re-opening also marks the first time in over 70 years that all five museums on the island will be open to the public. METRO NEWS SERVICES

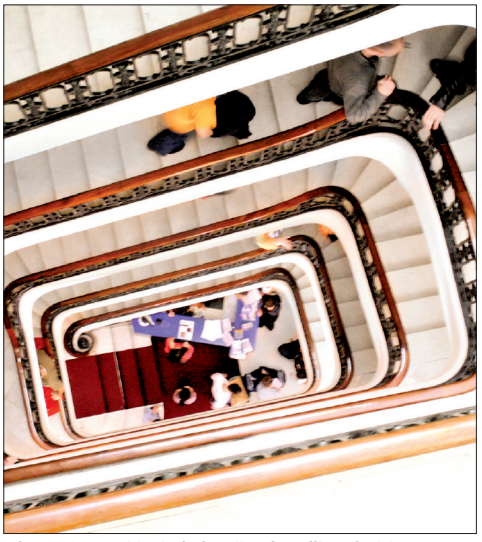
TRAVELDESK@METRONEWS.CA

5 Hostels with hipster flair

ROMINA McGUINNESS
Metro World News

Think "hostel" and you picture bohemian backpackers and students on a shoestring budget crammed into dorms, drinking wine out of the bottle and eating cheese sandwiches.

Think again — with travel costs rocketing and budgets dwindling, cheap but hip hostels are becoming increasingly popular. Sure, you might still have to share just about everything from your room to the kitchen, but when you have your own iMac, home-cooked meals and free Kiehl's beauty products it doesn't seem so bad. Here are five of the world's hippest hostels, where luxury doesn't come at a price.



A dorm room and staircase at Barcelona's Centric Point hostel, where the guest amenities include Wii and satellite television.

Cheap shelter

Mama Shelter, Paris: In Paris' bohemian 20th arrondissement, Mama Shelter is the ugly-duckling-turned-swan of the block. Owned by Serge Trigano of Club Med, with interiors by Philippe Starck, this former multi-storey car park is as trendy and romantic as it is cheap. Walls are adorned with gritty poetry and graffiti whilst staff are armed with grease pencils to write down their thoughts across mirrors and floors.

Rooms have iMacs and electronic screens run a continuous newsfeed in the counter at the communal bar so you can simultaneously surf the net and eat. Craving a midnight snack? Switch on your night-light (an illuminated Halloween mask) and head to the kitchen pantry stacked with Nutella chocolate spread and bread. Kiehl's beauty products in the bathroom come in handy. Prices per night from about $150 for single rooms and about $170 for double rooms; mamashelter.com.

Royal and retro

Living Lounge Hostel, Lisbon: This hostel feels more like a quirky artist's studio in Baixa than a backpackers pad. Touches of baroque influence the decoration, with heavy gilt frames, scarlet walls and a chandelier made from crystal shot glasses. Seventeen artists helped with the decoration; one dorm by graffiti artist Dirty Cop evokes author Edgar Allan Poe with its eerie mural of black trees.

The dining room hosts intimate gatherings lit by flashing fairy lights, the garden room has trimmed artificial grass and the vintage barber's chair in the lounge is perfect for afternoon snoozes.

Dinner is served every night at 8:30 p.m. sharp and costs about $20 for a hearty four-course meal. Prices per night from about $35 for dorms and $90 for private rooms; liv ingloungehostel.com.

Natural Touch

Imm Eco Chiang Mai, Bangkok: Set in a lush tropical garden close to the buzzing Chiang Mai city, Imm Eco focuses on being green and natural. The interiors burst with colour — lime greens and fuchsia against wooden floors and the airy open-plan spaces double as yoga studios. The outdoor swimming pool is perfect for cooling down in. Dorms sleep up to 12 people, great for those on a shoestring budget, but individual rooms are available.

The restaurant, HiHi@Barn, is all thatched wood and dangling light bulbs and serves a simple menu using organic produce from the gardens. Prices per night from about $12 for dorms and $48 for private rooms night; immhotel.com.

Read more on page 16 »

Highlights of Italy
8 Day Tour from $1130
Discover Venice, Cinque Terre, Florence and historical Rome on this small group adventure tour.
Tour does not include airfare, local payment of EUR 200 and meals. Multishare accommodation in select areas. Ask us for details.
U of C, MacEwan Stu Ctr 403-282-7687 TRAVEL CUTS
www.travelcuts.com

Sears travel
Every trip has its rewards™
EncoreCruise escapes

CA$H FOR YOUR CRUISE
Wine on us, Tour on us, Spa on us!*
RECEIVE $175 USD per stateroom*

Eastern Caribbean
Liberty of the Seas® • Royal Caribbean International
7 nts • Sept. 12 / 09 • Oceanview Stateroom
Cat. I • Cruise Only • from Miami
$71*** /month or $851 +$74 taxes & surcharges†
RoyalCaribbean INTERNATIONAL

Alaska Cruisetour
Celebrity Millennium® • Celebrity Cruises • Tour #6
4 nts Alaska land tour + 7 nts cruise • Aug. 24 / 09
Oceanview Stateroom • Cat. 6 • from Fairbanks, Alaska
$170*** /month or $2,029 +$119 taxes & surcharges†
Celebrity X Cruises Starring You

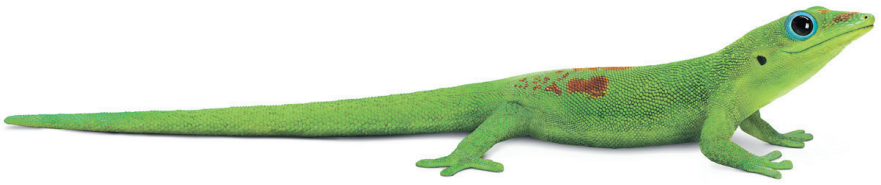
Mediterranean
Azamara Journey® • Azamara Cruises
14 nts • Aug. 30 / 09 • Oceanview Stateroom
Cat. 8 • Cruise Only • from Copenhagen to Barcelona
$166*** /month or $1,988 +$259 taxes & surcharges†
AZAMARA CRUISES Worlds Apart™

Instantly Redeem your Sears Club™ Points** towards any travel purchase
Pay in 12 equal monthly installments, interest free!*** when you use your Sears® MasterCard® or Sears Card

To take advantage of this great offer, visit your Sears Travel Consultant or call 1-866-359-7327 to find a location near you!

* Onboard credit is per stateroom, in USD. Onboard credit is based on new Encore CruiseEscapes bookings only, made between July 1 and Aug. 31/09 with Sears Travel, on a minimum sailing duration of 7 nights in an oceanview or higher category. Applicable to all 2009/2010 Royal Caribbean International, Azamara Cruises and Celebrity Cruises. Subject to availability. Not applicable to group bookings. Offer is not combinable with any other offer or promotion. Singles paying 200% are entitled to full face value. Some restrictions apply. † Above rates are cruise only, quoted per person in Canadian Dollars. Airfare, transfers, pre/post accommodations are additional. Taxes and government fees are as indicated. All itineraries and prices are current at the time of printing and subject to change without notice. ** Instant Sears Club™ Point redemption is only available at Sears Travel in-store locations when you make a travel purchase and is not available elsewhere in your store at this time. Instant Sears Club™ Point redemption is not available on www.searstravel.ca <www.searstravel.ca> or 1-866-359-7327. Points can not be transferred to other customers. You can redeem any amount of points towards your vacation, no minimum points apply. Sears Club™ Points can be used towards any travel purchase (air etc.). Balance due after instant point redemption must be on your Sears® MasterCard® or Sears Card. No other form of payment may be applied. Financing options may be applied to the balance due with participating suppliers. Offer is only applicable with participating suppliers. If a financing option is chosen, Sears Club™ Points will not be received on the balance due. Some restrictions apply. *** Pay In 12 Equal Monthly Installments, Interest Free* may be applied to new bookings made by Dec. 31, 2009 on your Sears® MasterCard® or Sears Card account, on approved credit. A $55 installment billing fee (excluding Quebec) and applicable taxes and service charges will be billed to your Sears® MasterCard® or Sears Card account at time of booking. The total purchase price will be billed to your Sears® MasterCard® or Sears Card account in 12 equal monthly installments. Offer is applicable to Group Travel of 10 or more people with all suppliers that Sears Travel sells. Optional financing programs do not qualify for Sears Club™ Points and are not available at SearsTravel.ca. Bookings must be made at Sears Travel locations or at 1-866-359-7327. Offer is only applicable with participating suppliers. Payment options and plan details may be changed or discontinued at any time without notice. Some restrictions apply. ©2009 Sears Canada Inc. d.b.a. Sears Travel Service. B.C. Reg.No.216-6. Ont. Reg.#2264141. Quebec Permit Holder. 290 Yonge St., Suite 700, Toronto ON, M5B 2C3. The Sears Card and the Sears® MasterCard® are issued by JPMorgan Chase Bank,N.A. "Sears" is a registered trademark of Sears, licensed for use in Canada. MasterCard is a registered trademark of MasterCard International Incorporated. ®Registered trademarks of Royal Bank of Canada. Used under license.
RBC RBC Insurance®

Awaken your senses.
Lessen your expenses.



With all digital TELUS TV® you will:

- Enjoy superb picture and sound quality
- Start with 76 channels, including 45 commercial-free music channels
- Get access to HD Video On Demand

Plus, sign up now and receive a FREE HD PVR rental.*

Add TELUS TV to a home bundle for

$20/mo.†

TELUS

the future is friendly®

Call 310-1144 or visit telus.com/gettv or your nearest TELUS authorized dealer.

TELUS AUTHORIZED DEALERS

Northwest
Market Mall
North Hill Mall
Northland Mall

Northeast
Sunridge Mall
Deerfoot Mall
Marlborough Mall
511 - 500 Country Hills Blvd. NE
Calgary Airport

Southwest
Chinook Centre
Southcentre Mall
TD Square
Bankers Hall
Westbrook Mall
237 - 255 5th Ave. SW
203 - 321 6th Ave. SW
245 - 225 7th Ave. SW

Southeast
856 - 33 Heritage Meadows Way SE

*Free PVR rental available with a 2 or 3 year service agreement. †Offer available with a 1, 2 or 3 year service agreement until August 4, 2009 to residential clients who have not subscribed within the past 90 days to TELUS TV service and who have TELUS High Speed Internet service or a TELUS Local Line. $20 includes the Essentials which includes 76 pre-selected channels. Further customization is available for an additional cost. TELUS reserves the right to change the channel lineup. © 2009 TELUS.

New deals

Tourism Ireland has launched a new Hot Travel Deals page on discoverireland.com. The page displays "exceptional value" deals on airfare, accommodation, self-drive and escorted tours to Ireland, including packages from Canadian tour operators. METRO NEWS SERVICES

RECOMMENDED BY METRO READERS

Top 5 Insurance Agents

Jeff Cooke Insurance Agency Ltd
"Very efficient and professional."

Jordan Rosales
"He can help you with your financial problems, Debt, Life Insurance, RSP's, etc."

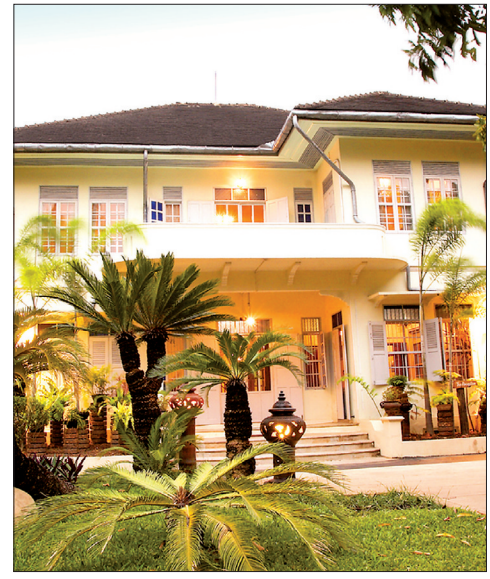
Brenda Haddow
"Professional. Easy to work with. Really good service. Highly recommended!"

Ron Lavender
"Only been using Mones & Associates for a few months now but they're great."

Del Fisher Insurance
"We use DFI for our home, auto and life insurance and couldn't be happier with the level of service they offer."

Visit metronews.ca/gigpark for thousands of reader recommendations

Powered by metro and gigpark



Left, the cellar bar at Miss Sophies, a Prague hostel that looks more like a boutique hotel. Right, Bangkok hostel Imm Eco Chiang Mai.

The lowdown on high-design hostels

>> continued from page 14

Bohemian Barcelona

Centric Point, Barcelona: Escape the hubbub of Barcelona's Ramblas high street and go to Passeig de Gracia where you'll find this funky hostel. This is the ideal starting point from which to explore Barcelona, from the beaches to boulevards.

There's a traveller's desk from which you can book all sorts of activities and a common room with satellite TV, bar, Wii, foosball and music. Internet access and breakfast are included in the price so if you are a frugal traveller, fill up on flaky Spanish pastries and syrupy coffee.

Prices per night from about $32 for dorms and $82 for private rooms; centricpointhostel.com.

19th century loft

Miss Sophie's, Prague: Resembling a swanky New York loft, Miss Sophie's is more boutique hotel than hostel. Housed in an old 19th century building in the heart of Nove Mesto, the interior design is minimal — verging on austere — but the red brick walls add an element of shabby chic. The mellow cellar bar with squashy leather sofas is an ideal place to socialize with other guests.

Dorms sleep up to five people making it friendlier and less intimidating than typical rampacked rooms and the monsoon-style showers make you forget the downsides of shared bathrooms.The huge lockers situated beneath the beds mean you can keep your worldly possessions safe and sound.

Prices per night from about $29 for dorms and $82 for private rooms; miss-sophies.com.

More details

- mamashelter.com
- livingloungehostel.com
- immhotel.com
- centricpointhostel.com
- miss-sophies.com

FLIGHT CENTRE® Unbeatable

Airfares

PUERTO VALLARTA FROM $198 + taxes & fees $270

Vancouver	FROM $190 + taxes & fees $96
London	FROM $249 + taxes & fees $463
Cancun	FROM $279 + taxes & fees $128
San Francisco	FROM $298 + taxes & fees $121
Honolulu	FROM $558 + taxes & fees $114
Buenos Aires	FROM $679 + taxes & fees $261

Holidays

NEW YORK FROM $559 + taxes & fees $157
INCLUDES roundtrip airfare and 3 nights 3-star accom in Midtown Manhatten.

California Fly & Drive FROM $429 + taxes & fees $121
INCLUDES airfare to San Francisco, return from LA and 7-day economy car rental with unlimited mileage to explore California at your own pace.

Tofino Whale Watching FROM $459 taxes & fees included
INCLUDES 2 nights accom at the Clayoquot-Orca Lodge and a whale watching tour.
SAVE $10◊ when you book Air Canada airfare.

Puerto Vallarta 4-Star FROM $497 + taxes & fees $270
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

Europe Holidays

AMSTERDAM & PARIS FROM $1199 + taxes & fees $399
INCLUDES airfare to Amsterdam and return from Paris, first 2 nights 3-star unique boat accom in Amsterdam, last 2 nights 3-star accom in Paris and 4-day Eurail Benelux-France pass.

London Starter Package FROM $459 + taxes & fees $463
INCLUDES roundtrip airfare and first 2 nights 3-star central accom with breakfast.

Italy Cilento Coast FROM $1699 + taxes & fees $430
INCLUDES roundtrip airfare to Rome, car rental and 7 nights 3-star seaside accom in Agropoli with 3 meals daily.

Cruise Holidays

LAS VEGAS CRUISE & STAY FROM $879 + taxes & fees $241
INCLUDES airfare to Vancouver, 5-day NCL cruise from Vancouver to Los Angeles visiting Astoria and San Francisco, airfare to Las Vegas, 3 nights 4-star accom on the Strip and return airfare to Calgary. Port charges included.
BONUS two free Cirque Du Soleil tickets included.

Hawaiian Islands FROM $785 + taxes & fees $76
INCLUDES 7-day Norwegian cruise, onboard meals & entertainment. Sail roundtrip from Honolulu and visit Maui, Hilo, Kona and Kauai. Port charges included.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you $100 towards another one!†

1 866 317 4223 | flightcentre.ca

Conditions apply. Ex: Calgary. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. ◊Valid on new bookings only made in-store with Flight Centre on Air Canada roundtrip domestic airfare when purchased by July 31, 2009. † The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A $100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant.

Abdul eyes return to Idol

After talking in the spring about possibly moving on from American Idol, Paula Abdul is now optimistic she'll be back for another season of FOX's mega-hit. "I've been invited to stay the duration of the show, however long it lasts," Abdul said. PEOPLE.COM

Entertainment

Anna engaged?

Anna Kournikova has reportedly got engaged. The tennis player — who has been dating Enrique Iglesias on and off for eight years — has been wearing a large diamond ring on her wedding finger. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Revenge of the film nerds

STEVE GOW
for Metro Canada

When I Love You, Beth Cooper hits theatres this Friday, it will be the latest movie to turn the loser into lothario.

The story of a nerdy valedictorian winning the affection of the hot girl isn't just a familiar premise; it's also been consistently popular with movie audiences throughout the years.

Whether it's Jerry Lewis' geeky scientist inventing a potion to gain popularity in The Nutty Professor or the tale of two dweebs finally getting the girls in Superbad, Hollywood has always had an obsession with nerd love.

"The idea of nerds has become cool, even if nerds themselves aren't," recently stated Benjamin Nugent in a L.A. Times article. The author of American Nerd: The Story of My People, Nugent has made a career on deliberating dorks.

Although he acknowledges the ambiguous etymology of "nerd" stretches back to its appearance in Dr. Seuss' 1950 book, If I Ran the Zoo, the recent obsession with adoring dweebs can be traced to more current works.

"If you look at shows like The O.C., the Seth Cohen character (played by Adam Brody) is a nerd," said Nugent. "But he became a heartthrob, and I think that was really something new."

However, even before dorks became teenage darlings, producers have admired stories that portray the nerd as unlikely seducer. Here's a brief look at the rise of geek love:

Denis Cooverman (Paul Rust) and Beth Cooper (Hayden Panettiere) get to know one another over a long, wild and memorable night.

THE '80S: From explicitly-titled Revenge of the Nerds to the freak favorite Can't Buy Me Love, the '80s were inexplicably a fertile decade for producing nerd love stories. Maybe it was because, in hindsight, we all dressed like dweebs in 1985.

JOHN HUGHES: The greatest comedies of John Hughes still influence filmmakers today with their representation of nerds acquiring unlikely affection. Whether it's Sixteen Candles, Pretty in Pink or the dorky magnum opus Weird Science, Hughes knew how to tap into seducing our inner geek heart.

THE DIGITAL AGE: Much of the recent popularity of nerds has been attributed to the computer age's influence on media. With great fortunes amassed by the likes of Microsoft founder Bill Gates comes the inherent suggestion that intelligent geeks are more likely to succeed and thus attract the ladies.

THE MORAL: I should've obviously taken computer class way more seriously in Grade 8.

Movie **profile**

Contenders for Polaris a diverse group

MUSIC The race to crown the best Canadian album of 2008-09 has begun, with the announcement of the Polaris Music Prize shortlist yesterday.

The top 10 acts, as chosen by 182 journalists from across the country, are a diverse group, with a hardcore group, a rapper, a Francophone band and two roots acts all vying for the $20,000 prize.

Since the winner won't be announced until Sept. 21, music fans can spend the summer debating who deserves to take home the prize. To help get the conversation started, we've reviewed all of the nominated albums online.

Read more about all 10 nominated artist at: **metronews.ca/music**

From Iran to Runway's top 4

TV Maryam Massoumi may not have won Canada's Next Top Model, but she left the show with a new understanding of what it means to be Canadian.

Massoumi, 18, from North Vancouver, B.C., immigrated to Canada from Iran two years ago.

The remaining four women faced off in a runway challenge on last night's episode. The hopefuls had to march delicate museum-piece dresses made by Canadian designers down the runway, being careful not to tear them.

Despite warnings about the garments' fragility, Massoumi accidentally tore a section of a dress while trying to help the seamstresses fitting her. The incident ultimately sent her packing.

METRO NEWS SERVICES

DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch metrotube of the day

The video everyone's talking about.

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/8/09	267	351 - ACCESS	Alberta Primetime (Live)		Monk		Old Christine	Gary Unmarr	America's Got Talent (N)		Primetime
primetime	243	317 3 CFCN	Corner Gas	Hollywood	CSI: NY (HDTV)		So You Think You Can Dance The top 12 dancers. (N)				News (N)
	-	- 4 OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Wipeout (HDTV) (N)		Japanese Game Show		Primetime
	245	306 6 CBRT	Coronation St.	Jeopardy! (N)	Dragon's Den (HDTV)		Stampede Wrap Up		CBC News: The National		Stampede
	244	338 7 CICT	ET Canada	Entertainment	The Philanthropist (N)		Wipeout (HDTV) (N)		(10:02) In Plain Sight		News Hour
	246	- 8 CKAL	Law & Order: SVU		Krod Mandoon	Krod Mandoon	Goode Family	Surviving Sub.	Japanese Game Show		Your City
	119	705 9 CBXFT	Des squelettes	L'Épicerie	La Petite Séduction (N) (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Alberta
	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News (N)	Hollywood	The Doctors (N)		Old Christine	Gary Unmarr	Criminal Minds (HDTV)		CSI: NY
	-	374 14 KSPS	NewsHour With Jim Lehrer		Make 'em Laugh: Funny		Time Team America (N)		Ascent of Money (DVS)		Wide Angle (N)
	502	390 15 CBC	CBC News: The National		Geologic Journey		CBC News: The National		CBC News: The National		Geo. Journey
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	America's Got Talent		America's Got Talent (N)		Philanthropist
	-	373 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	So You Think You Can Dance The top 12 dancers. (N)				News (N)
	297	652 37 WPIX	America's Next Top Model		PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	Jane Velez-Mitchell		Nancy Grace		Showbiz Tonight		Jane Velez-Mitchell		Nancy Grace
sports	400	400 21 TSN	MLB Baseball		SportsCentre (HDTV) (Live)			Boxing Andre Berto vs. Juan Urango. (HDTV)			
	408	418 27 net	Best Damn Sports Show		UFC: Access	MMA Conn	The Ultimate Fighter (HDTV)		Sportsnet Connected		UFC Top 100
	410	403 30 SCORE	(5) RaceNight		Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score
	411	457 44 OLN	(6) Cycling Tour de France -- Stage 5.				Cycling Tour de France -- Stage 5. From Le Cap d'Agde to Perpignan.				
	417	406 48 SPEED	Pinks (HDTV)	Pass Time	Wrecked	Wrecked	Pimp My Ride	Pass Time	Amer. Thunder	Amer. Thunder	Pinks (HDTV)
family	552	543 20 YTV	iCarly	iCarly	In Real Life		Malcolm-Mid.	Futurama	Survive This	Adrenaline Proj	Falcon Beach
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
cable variety	575	583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Karaoke Star Junior		Home Improve.	Home Improve.	Reba
	553	546 17 TREE	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	-	- 18 CHTV	The Insider (N)	E! News	Psych		D. Richards	Kendra	Kardashians	Candy Girls	News (N)
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	Style by Jury	Style by Jury	Style by Jury	Friends	Grocery	W Expert	Love It or List It		Best Friends
	521	560 24 TLC	I Didn't Know	I Didn't Know	Obese and Pregnant		Girl Who Never Grew		I Didn't Know	I Didn't Know	Pregnant
	603	561 25 FOOD	Iron Chef America		The Next Food Network Star		Opening Soon	Opening Soon	Unwrapped	Unwrapped	Diner, Drive-In
	615	520 26 A&E	Dog the Bounty Hunter		Tattoo High.	Tattoo High.	Tattoo High.	Tattoo High.	Bounty Hunter	Bounty Hunter	Bounty Hunter
	617	522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits		The Guard (HDTV)		A Daughter's Conviction (2006, Mystery)		
	601	562 33 SLICE	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	-	633 34 ENC2	(7:15) The Peacekeeper ★★ (1997, Action)				Taxi Driver ★★★★ (1976, Drama) Robert De Niro.				Deer Hunter
	520	505 35 DISC	Deadliest Catch		Mayday		Daily Planet		Mayday		Treasure
	620	523 36 BRAVO	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order		Without a Trace		Picture Claire
	294	650 40 WPCH	(6) Panic Room (2002)		Seinfeld	Panic Room ★★★ (2002, Suspense) Jodie Foster.				American Werewolf-Paris	
	626	547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Jon Dore Show
	-	539 42 TCM	(6) A Royal Scandal (1945)		My Blue Heaven ★★ (1950, Musical Comedy) Betty Grable.				I Know Where I'm Going (1945, Comedy)		
	628	584 43 SPIKE	UFC's Ultimate 100		UFC Fight Night (HDTV)				CSI: Crime Scene Invstgtn.		Disorderly
	522	516 45 HIST	Mob Stories		NCIS "Hiatus"		Cities of the Underworld		Ice Road Truckers		NCIS
	627	528 46 SPACE	Primeval		Stormworld (N)	Grand Star	Stargate SG-1 (DVS)		Star Trek: Next Gener.		Trek: Voyager
	-	- 47 AMC	(6) Clear and Present Danger ★★★ (1994, Suspense)				Three Kings ★★★ (1999, War) George Clooney, Mark Wahlberg.				
	619	525 49 TROP	North of 60 "The Hunt"		The Crow: Stairway to Heaven		What Happen?	What Happen?	Seinfeld	Raymond	Family Guy
	600	564 50 HGTV	Property Virgin	Hid Potential	House Hunters	House Hunters	Holmes-Homes	Holmes-Homes	Hid Potential	Property Virgin	Big City Broker
	501	391 52 CTV	CTV News Tonight		News	CTV News	News	CTV News	News	CTV News	News
	504	508 70 BNN	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	526	507 92 VIVA	The Closer		Mediums	Psychic Detect	Mediums	Encounters	Judging Amy		Medium
	269	350 93 APTN	Canadian Geographic		Karl May and The Wild West		Tears	Vitality	Miywayawin	Find. Our Talk	Wings-Canada
	-	- 94 MCP	(6:30) News	News	Banquet	Kingdom-Wind	Van. Nights	Iranian Pop	Sabor Latino		Sabor Musical
	571	581 100 MMM	I'm a Celebrity, Get Me Out.		Entourage	Gene Simmons	The Daily Fix		I'm a Celebrity, Get Me Out.		Entourage
	570	580 101 MM	Video on Trial	Video on Trial	Video on Trial	Technical Diff.	One Tree Hill		Video on Trial	Video on Trial	disBand
	581	566 102 MTV	Fantasy Fact.	Nitro Circus	The Real World (N)		MTV Live	After	True Love	The X Effect	Real World

critics' corner

Karl May and The Wild West

Sergio Leone made spaghetti Westerns ... so should we call Karl May's stories "sauerkraut Westerns"? May's tales of the American West remain hugely popular in his homeland, and this new special visits with the May devotees who immerse themselves in his version of the West at theme parks and festivals. You'll also meet American Indians and native Canadians who work such events despite finding them both distasteful and historically inaccurate. 8 PM on APTN

Anna and Kristina's Grocery Bag

What's a flexitarian? No, it's not someone who worships bodybuilders. The word refers to people who eat a mostly vegetarian diet but don't completely abstain from meat. In the new episode "Flexitarian Cooking," Anna and Kristina attempt to create a meal that will satisfy carnivores and vegetarians alike — no matter how flexible or inflexible they are. They also perform a taste test on tofu. 9 PM on W

Staying on his toes

Daniel Radcliffe is taking ballet lessons. The 19-year-old actor is so worried he won't be able to find a job after the Harry Potter films he has decided to don tights and slippers in a bid to make him more employable, femalefirst.co.uk reports. METRO NEWS SERVICES

Celebrity Buzz

Katie launches dance fund

HOT STEPPER Katie Holmes has teamed up with Hairspray director Adam Shankman and reality TV guru Nigel Lythgoe to launch a dance scholarship fund, femalefirst.co.uk reports.

The Hollywood actress, who is set to appear on Lythgoe's U.S. show So You Think You Can Dance later this month, has joined forces with the pair and Dancing With the Stars judge Carrie Ann Inaba to set up the Dizzy Feet Foundation.

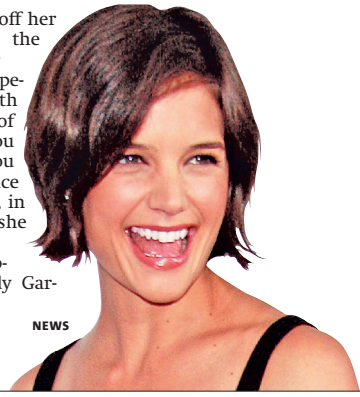
The scholarship organization gives underprivileged youngsters the opportunity to take part in dance programs and win grants to enrol in accredited dance studios, reports Daily Variety.

Holmes says, "I think it's important for children to experience music and dance.

"Every child should have the opportunity to discover what it is they like and have access to the very best in that pursuit."

The Batman Begins star will show off her moves on the dancefloor during a special 100th episode of So You Think You Can Dance on July 23, in which she will perform a tribute to Judy Garland.

METRO NEWS SERVICES



Stewart gets friend to buy pregnancy test: Rumours

COULD IT BE TRUE? Twilight star Kristen Stewart is allegedly worried she might be pregnant — and that the father is co-star Robert Pattinson, according to Australia's New Weekly magazine.

"She asked one of her friends to buy the test because she was worried about someone seeing her at the drug store," a source tells the magazine.

"She's very nervous about the whole situation. And because of the timing, she thinks Rob could be the father."

METRO WORLD NEWS

Lohan sued over her new tanning spray

LAWSUIT Looks like Lindsay Lohan is in trouble again, only this time it's in the courtroom.

Lohan is being sued by St. Petersburg, Fla., chemist Jennifer Sunday, who claims the actress and her partner on the project, Lorit Simon, stole the formula for Lohan's new Sevin Nyne self-tanning spray, according to the St. Petersburg Times.

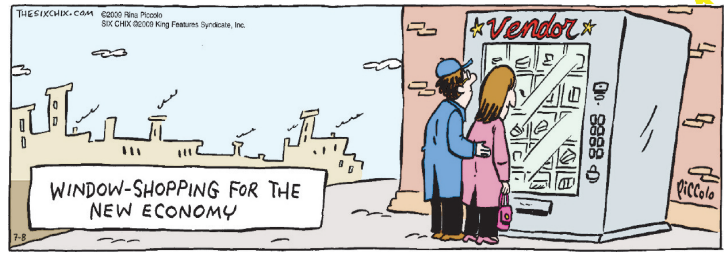
"We are certainly looking for the profits that are being generated right now from that product," attorney Marcia Cohen tells the newspaper.

"If Ms. Lohan and Ms. Simon and their companies and their shareholders are profiting from the theft of my client's formula and are profiting from that product, my client is entitled to those proceeds."

METRO NEWS SERVICES

ComicsOnline

For more cartoons, visit metronews.ca



YOU COULD WIN

IN THEATRES ON JULY 15TH

1 of 10 double passes

to an exclusive advance screening to see Harry Potter And The Half-Blood Prince on July 13th.

ENTER FOR YOUR CHANCE TO WIN!
metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 9, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

metro

Rich Dad's Solution to the Economic Crisis on Wall Street

PROTECT Yourself & Even PROFIT In Today's Volatile Market

Now is NOT the time to rely on banks and brokers who get paid even when your portfolio tanks.

You need solid information that can help YOU TAKE CHARGE and PROTECT your own financial future.

RICH DAD HAS A PLAN – LISTEN TO HIM WHILE THERE'S STILL TIME

Robert Kiyosaki, author of the runaway bestseller ***Rich Dad Poor Dad***, saw this crash coming **six years ago**! He wrote about it in his book, ***Rich Dad's Prophecy***. That book not only said the biggest stock market crash in history was coming – it also outlined a **plan to prepare yourself and potentially profit from it**.

IT'S STILL NOT TOO LATE!

Our FREE Stock Success Workshop will show you how to:

- *Protect Your Portfolio Even when Stock Prices Are Melting Down*
- *Create Cash Flow when Stock Prices Are Bouncing Up and Down*
- *Risk Management Strategies that Keep You Protected at All Times*
- *Profit from Stock without Owning It*

ATTEND A FREE WORKSHOP

At Rich Dad's FREE Stock Success® Workshop, Robert's team of experienced trainers will show what you must do RIGHT NOW to safeguard your future and the future of your family.

Come discover a step-by-step plan to take charge of your finances and GET BACK ON THE ROAD TO SUCCESS!

RICH DAD's FLASH DRIVE

USB Drive, pre-loaded with a wealth of information including:

- An excerpt from Robert's book *Rich Dad's Prophecy*
- Exclusive online tools, articles and products
- Information about special events featuring LIVE session with Robert Kiyosaki
- BONUS! Access to *Conspiracy of the Rich: The 8 New Rules of Money* – Robert's newest interactive online book

Get this FREE GIFT

Yours FREE just for attending the workshop!

COMING TO THE CALGARY AREA ON JULY 14, 15 OR 16

DON'T WAIT CALL NOW TO REGISTER OR REGISTER ONLINE AT

1-800-306-9962
www.richdadstock.com

FREE LIVE EVENT

Results from programs are based on individual effort and other factors. The company's products are for educational purposes only. The company is not a registered investment advisor or a broker-dealer. Stocks and Options trading have large potential rewards but also involve large potential risks. Additional products and services will be offered for sale. The Rich Dad® word mark and logos are owned by CASHFLOW Technologies, Inc. and any use of such marks by Rich Dad Education, LLC is under license. © 2009 Rich Dad Education, Ltd. All rights reserved. 09RDES0076a V1 2-09

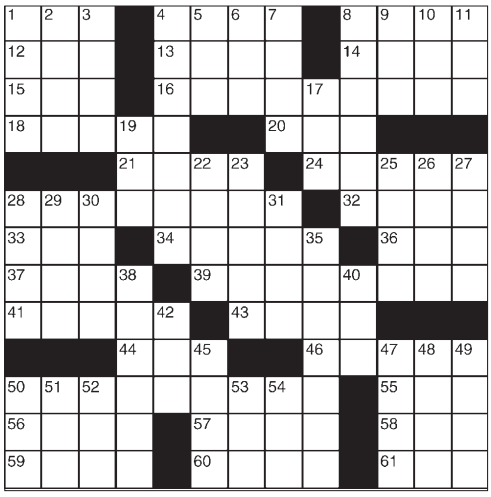
Robert Kiyosaki will not attend this workshop.

Today A few showers 17 C / 9 C
Thursday Light rain, cloudy 15 C / 8 C
Friday Morning clouds 21 C / 6 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS AT 6 A.M.

Take Five



Crossword across

1 Make up your mind
4 Syndicate boss
8 Applaud
12 Neither mate
13 On in years
14 "Clue" weapon
15 Work with
16 Excellent
18 Bundle of wheat
20 Long lunch?
21 Brat's stocking stuffer
24 Receded
28 Uneaten
32 Thy
33 Puncturing tool
34 Painter of ballerinas
36 Raw rock
37 Movie holder, once
39 PDQ
41 Abject terror
43 Rend
44 Shell game item
46 Old Christmas gift?
50 "Cheers!"
55 Debtor's letters
56 Columbus' home
57 Shakespearean villain
58 Wrestling surface
59 Ostentation
60 London neighborhood
61 Type squares

Crossword down

1 Responsibility
2 Luxurious
3 Genealogy chart
4 9 Lives product
5 Past
6 Vigor
7 Probability
8 Ill-natured
9 Despondent
10 Gorilla
11 Apiece
17 Wish undone
19 Put on a show
22 State with conviction
23 On the up-and-up
25 Benefit
26 Modern money
27 Game show host Carey
28 Fat
29 Basin accessory
30 Take off
31 Anger
35 Hair cleaner
38 Computer type
40 Give it a go
42 Volente preceder
45 Writer Kingsley
47 Frost
48 Wander
49 Shacks
50 Jazz style
51 Discoverer's call
52 Allen or Conway
53 — Paulo
54 Reaction to castor oil

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

7				4			8	2
3	2		1				5	
		1	2		8	7		
		9		8		3	4	
6			4		7			1
	3	4		1		8		
		3	6		1	9		
	1				3		6	8
9	6			5				3

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

R	O	S	A		P	A	W	N		F	O	P		
A	B	E	D		I	D	E	A		I	K	E		
F	I	N	A	N	C	I	E	R		N	I	P		
			G	I	S	T		R	U	L	E	S		
A	F	F	I	X			C	O	R	A				
C	L	I	O		S	H	O	W	I	N	G	S		
T	A	N		F	O	U	R	S		D	O	E		
S	T	E	E	R	A	G	E		M	I	E	N		
		T	R	E	K			H	O	A	R	D		
S	Q	U	A	T		G	O	O	N					
W	O	N		F	I	N	G	E	R	T	I	P		
A	P	E		U	R	A	L		O	R	C	A		
P	H	D		L	A	T	E		E	Y	E	S		

8	9	2	7	5	1	3	6	4
1	6	7	4	3	2	8	5	9
3	4	5	8	9	6	2	7	1
7	2	1	9	6	4	5	3	8
4	3	8	2	7	5	1	9	6
6	5	9	3	1	8	4	2	7
9	7	4	1	2	3	6	8	5
5	1	3	6	8	9	7	4	2
2	8	6	5	4	7	9	1	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Beef Balti

INGREDIENTS:
2 tbsp (25 mL) canola oil
1 medium onion
1 lb (500g) steak
1 clove garlic
1 1/2 in. (4 cm) piece fresh root ginger
1 small, fresh red chilli pepper
1 green pepper
1 red pepper
3 medium tomatoes
1/2 lemon
1 tbsp (15 mL) garam masala
1 tsp (5 mL) ground cumin
Salt

GARNISH
3 tbsp (45 mL) dried coconut, flaked or shredded

TO SERVE
4 nan breads

METHOD:
1. Preheat oven to low setting to keep beef warm later. Heat 1 tbsp (15 mL) oil in large balti pan, wok, or frying pan. Peel and thinly slice onion; fry over fairly high heat 3–4 minutes, stirring occasionally, until soft and lightly browned.
2. Meanwhile, trim excess fat from beef, then slice into very thin strips. Peel and crush garlic, then peel and grate ginger, and rinse, deseed, and chop chilli pepper. Add all to onion and cook over fairly high heat 5 minutes, stirring occasionally, until beef is lightly coloured. Remove from heat and keep warm in oven.
3. Rinse, deseed, and thinly slice peppers. Add to pan, with remaining oil, if necessary, and continue frying for 3 minutes, stirring occasionally, until softened and lightly browned.
4. Meanwhile, rinse and roughly chop tomatoes, then squeeze juice from lemon and preheat broiler.
5. Stir garam masala and cumin into frying pan and cook, stirring continuously, 1 minute. Add tomatoes, lemon juice, and some salt and simmer, stirring, 3–4 minutes. If mixture becomes dry, add little water.
6. Sprinkle nan breads with water and broil about 1 minute per side. Return beef to pan and heat through. Sprinkle with coconut and serve with nan bread.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
This may be an emotional time for you but it's not nearly the end of the world, so keep that smile on your face; better days are just around the corner.

TAURUS
APRIL 21-MAY 21
You will achieve more in the long-term if you get out and about now and meet as many new and interesting people as you can.

GEMINI
MAY 22-JUNE 21
Do you have a clear purpose? Do you know what it is you want out of life? If you can answer those questions in the affirmative then success is close.

CANCER
JUNE 22-JULY 22
There's no holding you back. The Sun in your birth sign endows you with enough energy and enthusiasm to reach your goals.

LEO
JULY 23-AUG 23
There are no shortcuts to success — not that you were planning on taking any. Whatever you are working on you must give it your full attention.

VIRGO
AUG 24-SEPT 22
Anyone who thinks you are not the sort who will rock the boat is in for a shock. You will do something today that turns heads.

LIBRA
SEPT 23-OCT 23
Career matters are under excellent stars at the moment, so aim high, believe you have what it takes to succeed.

SCORPIO
OCT 24-NOV 22
The Sun in one of the best areas of the heavens means you have only to ask for something for it to miraculously appear in your life.

SAGITTARIUS
NOV 23-DEC 21
You enjoy a bit of pressure and that's good because you will be expected to deliver something that is well above average today.

CAPRICORN
DEC 22-JAN 20
Upheavals of one sort or another appear to have become a feature of your existence in recent weeks but you really have nothing to worry about.

AQUARIUS
JAN 21-FEB 18
If you push yourself just a little bit harder than usual, and if you aim just a little bit higher, you will accomplish something truly memorable today.

PISCES
FEB 19-MARCH 20
Your confidence has rarely been higher, to the extent that you honestly believe all things are possible — and they are.

Kiosk Now Open in Southcentre Mall, Upper Level
FREE SAMPLES
enigma soap & bath
Fragrant Soap Bars • Bath Salts • Liquid Soap
Locally handcrafted, vegan & kid friendly • 403-680-2796

WEEKLY CD GIVEAWAY!
THIS WEEK YOU CAN WIN:
ESCALA:
Escala
To enter go to www.metronews.ca and click on WIN
NOW AVAILABLE
metronews.ca metro Do it daily.
Contest closes on July 14th, 2009 at midnight

Il Giardino Ristorante
Get your Bail-Out at Il Giardino
25% off
On selected items for lunch & dinner
*limited time offer
Don't Forget about the NEW SUNNY PATIO
344 - 17th Ave SW | 403.541.0088 | fax: 403.541.0042
ilgiardino@telus.net | www.ilgiardinoristorante.ca

iPhone 3G

At $99*, now every pocket can have one.

iPhone 3G 8GB

ONLY ON CANADA'S FASTEST NETWORK
3X FASTER THAN ANY OTHER†

ROGERS™

1.888.ROGERS1 – ROGERS.COM – VISIT A STORE

*Promotional price available on 3-year Voice and 3-year Data activations. Early cancellation fees apply. †Speed performance claims based on comparing download speed of Rogers 3.5G HSPA network and competitors' 1xEvdo networks within Rogers HSPA coverage area. Speed may vary depending on the handset, topography and environmental conditions, network congestion and other factors. HSPA network not available in all areas. See rogers.com/fastest for coverage details. Apple, the Apple logo and iPhone are trademarks of Apple Inc., registered in the U.S. and other countries.
™Rogers & the Mobius Design are trademarks of or used under license from Rogers Communications Inc. or an affiliate. © 2009 Rogers Wireless.